

# 5 THINGS THAT HELPED ME GET A JOB



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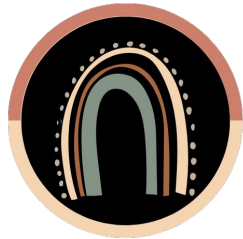


**By Ashauntae Nious**

# ASHAUNTAE'S TOP 5 LIST OF THINGS THAT HELPED ME GET A JOB

## 1. PAID INTERNSHIPS

Internships at Bellemeade Community Center, the Partnership for People with Disabilities and other places prepared me to get a job because I gained more work experience.



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# VCU

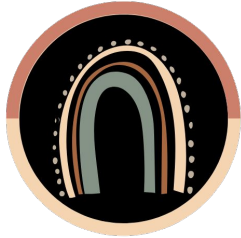
School of Education

Partnership for People  
with Disabilities

# ASHAUNTAE'S TOP 5 LIST OF THINGS THAT HELPED ME GET A JOB

## 2. CHURCH SUPPORT

My church community helped me finding a job because they supported me with sending job applications to my email.



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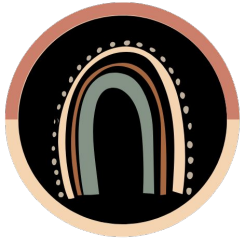
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## 3. ACE-IT IN COLLEGE

Going to VCU helped me get a job. Doing mock interviews with job support career coach helped me prepare for onsite job interviews. Going to VCU my academic advisor prepared me to have plan A & B for transportation to get on campus for class.



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# ASHAUNTAE'S TOP 5 LIST OF THINGS THAT HELPED ME GET A JOB

## 4. KEEP PUSHING IN LIFE

Never give up with submitting application for jobs. Make sure to use community supports like DARS and Resources for Independent living. They helped me know about job fairs or filling out job applications.



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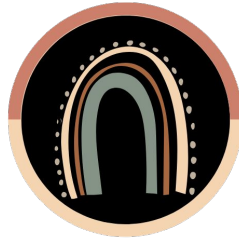
# ASHAUNTAE'S TOP 5 LIST OF THINGS THAT HELPED ME GET A JOB

## 5. NEVER GIVE UP

A times I wanted to give up on applying for jobs. Paper applications or online job search applications were hard! I did not give up because I love to work. I never let my disability stop me from trying other job positions. Never let your ability affect you from searching a job or working a job. At times it will get hard, but never give up on finding the right position for you!

“It’s not our disabilities, it’s our ABILITIES that count.”

-Chris Burke



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